

JUNIOR CHAMBER INTERNATIONAL HONG KONG OFFICIAL MAGAZINE

# LIGHTS ARBOUR

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## COVER STORY

Break New Hong Kong Half Marathon Record at The World Championships in Poland
Interview with Ms. Christy Yiu Kit-ching

2020 ISSUE 4

INTERVIEW WITH
2021 JCI Executive Vice President Elect
Senator Teresa Poon



jcihongkong
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JCI Hong Kong
LEAD CONNECT ACHIEVE
70 YEARS OF Serving Humanity

# HARBOUR LIGHTS



## COVER STORY 06



10

## EDITOR'S MESSAGES

In light of COVID-19 situation, it is not easy for people to go around the world. While some people feel upset at home. A true leader takes this chance to equip themselves and reach even higher.

In this issue of Harbour Lights, we are honored to interview long distance runner Christy Yiu. There were fewer running events during this year, however, runners even have more time to concentrate on their training and thus enhance their performance. Christy broke her Hong Kong Half Marathon record in Poland. Her sharing is very insightful. No matter if you are a runner or a leader, you can feel her passion in her life.

Last but not least, truly thanks to the publication team to make these 4 issues of Harbour Lights this year. A special experience in my JC life.

## ACKNOWLEDGEMENT




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## JCI CREED 青商信條

**WE BELIEVE**

THAT FAITH IN GOD GIVES MEANING AND PURPOSE TO HUMAN LIFE;
THAT THE BROTHERHOOD OF MAN TRANSCENDS THE SOVEREIGNTY OF NATIONS;
THAT ECONOMIC JUSTICE CAN BEST BE WON BY FREE MEN THROUGH FREE ENTERPRISE;
THAT GOVERNMENT SHOULD BE OF LAWS RATHER THAN OF MEN;
THAT EARTHÍS GREAT TREASURE LIES IN HUMAN PERSONALITY;
AND THAT SERVICE TO HUMANITY IS THE BEST WORK OF LIFE.

**我們深信**

篤信真理可使人類的生命具有意義和目的;
人類的親愛精神沒有疆域的限制;
經濟上的公平應由自由的人通過自由企業的途徑獲得之;
健全的組織應建立在法治的精神上;
人格是世界上最大的寶藏;
服務人群是人生最崇高的工作。

## JCI MISSION 青商使命

TO PROVIDE DEVELOPMENT OPPORTUNITIES THAT EMPOWER YOUNG PEOPLE TO CREATE POSITIVE CHANGE.

提供發展機會以促進青年人創造積極正面的改變

## JCI VISION 青商願景

TO BE THE LEADING GLOBAL NETWORK OF YOUNG ACTIVE CITIZENS.

成為全球具領導性的青年積極公民網絡

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*Any Suggestions Or Tips-Offs For Harbour Lights?*
*Please Email To : nompub2020@jcihk.org*

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MESSAGE FROM

# National President
# Senator Maric Cheng

In 2020, it is a year full of challenges! Finally, it comes to the last quarter of 2020.

This year, the theme of JCI Hong Kong is "LEAD, CONNECT, ACHIEVE". What have you achieved? Have you improved your leadership skills? Have you developed more capable young leaders to improve our community?

This year, under the COVID-19 pandemic, we keep learning how to adopt the "New Normal", to strive for better health and better business opportunities.

The COVID-19 pandemic has created a global crisis with far-reaching social, economic and spiritual repercussions. Positive mindset, resilience and self-disciplined are the essential learning elements to us. Being leaders, we have to be ready to stand up and face the challenges, and keep positive energy to fight for it.

Sharp decision making is one of the critical attributes of a successful leader. Facing high pressure, complex circumstances, opportunity deadlines, too much, too little, or conflicting information is the reality of being a leader. This year, many of our projects have to be postponed or canceled. Our Chairmen and organizing committees have to make these important decisions and make possible changes or mode of delivery, to achieve their goals and explore opportunities to grow as individuals.

JCI is a leadership development organization. We have transformed challenges and difficulties into opportunities for enterprising young leaders. Through organizing different projects, we sharpen different leadership skillsets. This year, in most cases, the things were not going as planned, it was a golden opportunity for us to learn. No one was born to make difficult decisions, but as leaders, we have to be ready to step up to the platform and make things happen.

Last but not least, I appreciate every member, for your greatest effort to fight for the better community in this "New Normal". You have demonstrated our JC spirit to our community. I truly believe that we will overcome the COVID-19 pandemic soon. Let's join hands together to "LEAD, CONNECT, ACHIEVE" and build a better future together.





# BREAK NEW

## HONG KONG HALF MARATHON RECORD AT THE WORLD CHAMPIONSHIPS IN POLAND

### About Christy Yiu Kit-ching

Christy Yiu is a Hong Kong track and field athlete who focuses on long distance running.

- *Record holder in 3000mSC, 10km, 15km, 20km, half marathon, full marathon and 4x1500m in Hong Kong*
- *2016 First Olympic - standard - reached athlete to represent Hong Kong in 2016 Olympics games*
- *2014 Champion of Hong Kong Standard Charter 10km*
- *2019, 2011- 2013 Champion of Hong Kong Standard Charter Half marathon*

### Why do you love running and even make it as your career?

I have loved sports since primary school. During the physical education lesson, we were asked to have a long jump and some track and field tests. After that, I found that I am talented in body balance and various sports exercises. I entered into a Division one (Hong Kong Inter-School Athletics Competition) Secondary school, considering that I have relatively good aerobic capacity, I try to join the distance running team.

When I was studying nursing program in university, I met my coach and boyfriend (at that time) Ka Ho Chan, he was a famous runner at that time already. He inspired me that I may have a chance to represent Hong Kong to enter the Olympic games in the Marathon event. Then I considered working as a part time nurse while keeping regular running training. Later on, I got a chance to meet a Japanese coach (Shinetsu MURAO) and HKSI head coach Anthony. They suggested me to change to a full-time SI athlete in order to fully focus on the Brazil Olympic games in 2016. Then I quitted my job in Nov 2014 and gave myself 2 years to prepare for the competition.



## Any differences in the race in Europe compared with other countries? Any remarkable memory in the half marathon world championships in Poland?

In Europe, the buildings are not high. So, it is usually windy and the wind can come from various directions. During this race, I tried to run between a core group to minimize the impact by the wind. Besides, it is relatively less humid in Europe than in Asian. Thus the sweat could be better evaporated and not easily make our body temperature high while exercising.

After giving birth to my baby girl, I was not sure if I could still keep my previous performance. On the other hand, I have had unceasing leg injuries previously and worried if they could recover well. After this race, I built my confidence since I know I can still have breakthroughs on my performance.

## How do you keep your performance during the COVID-19 period? Anything to share with the youth?

Looking around the world, there were fewer running races during COVID-19, however, runners even have more time to concentrate on their training and thus enhance their performance. For me, I choose to run in country parks where you can barely see people at all. Moreover, during the 3rd peak of Covid-19, Hong Kong Sports Institute was locked down. Although no one could tell how long the locking period lasted, I still chose to stay and train on the track inside so as to ensure the safety of myself and not to affect my preparation for the HM world championships.





## How do you keep your passion when you feel tired during competition?

I usually find some runners as targets to “follow” during the race; on the other hand, I focus on my pace if it aligns with my plan. When I feel a bit tired, I refresh myself with my training scene and the effort I put during training.

## How do you manage your time with various roles, as a runner, a coach and a mother of a 2-year-old daughter?





It is not an easy task to manage different roles. I have to spend my time effectively by prioritizing important activities ahead and giving up some unnecessary hobbies. I like running, and I also want to have kids in my family. As a nurse, I know it is better for recovery if I become a mother earlier. Therefore, I prefer to give birth to my baby before 30 years old. After giving birth, it is even more difficult to follow my schedule as I have to spend a lot of time on taking care of my baby. Nevertheless, I am lucky to have my husband's family to support me all the time. I have learned to be flexible and grab time for training even if it is short. It might not be as good as a regular routine training like before as I have less time to warm up and take rest. However, that's what I can work out as the best solution now.



## What can young people learn from running?

Friendship. Apart from building a healthy body, teens can get a group of friends to run together and explore different places and races. With more and bigger social circles, the youth can motivate each other during difficult times.

## As a coach, what makes a good leader?

A good leader has to think independently and prepares different training plans for different training groups. Sometimes, the students may disappear during training class when they have some difficulties or in low motivation without telling the coach. To know more about my students, I need to talk with them proactively. A good leader has to be equipped with good communication skills so that the students would be more willing to share their feelings. On the other hand, when I see my students having tremendous passion towards their goals, I feel energized to reach an even higher target too.



香港傷健共融網絡

Hong Kong Network for the Promotion of Inclusive Society

# JCI Interview with Foundation Director & JCIHK 2005 National President Senator Ellen Tsang



***1. Can you share with us your JC life?***

I was the 1998 president of JCI Lion Rock and 2005 National President for JCIHK. I joined JCI since 1990 as my Superior was also JCI member. As most of my pioneers constantly became LOM presidents in 1996 and 1997, I became more active to help them in different positions and I took up LOM president position in 1998.

When I was the president elect in 1997, I participated in National Convention. I saw other chapters winning a lot of awards for their own chapter but not a single one for my chapter. This was a great motivation for me and my bod members to fight for the chapter to recruit more members and win the awards in 1998.

I got invited to be the HKJC Foundation Chairman in 2017 - 2019 & JCI Foundation Director in 2020 after being National President in 2005. I always love to serve JCI in all meaningful ways.

***2. What is the difference between taking a post at JCI level and JCIHK level?***

LOM president is the most challenging position. You have to take care of every projects and positions in a local chapter. As a National President, the bod members are very experienced and dedicated. They can handle the things in a much comprehensive way and self-driven.

***3. What is the most valuable experience in JCI Journey?***

Both the year of chapter president in 1998 and National President in 2005 were unforgettable. As a payback for our great determination, we got rewarded as "The most outstanding local chapter" in 1998 National Convention. Most of my bod members then became presidents afterwards. It's so touching and unforgettable. JCIHK also won "The most outstanding NOM award" in 2005 World Congress. As a great leader, I think one of the essential elements is to make others to be good leaders. I am so proud to see my LOM and NOM bod members to be local and National Presidents.

***4. What are the biggest challenges you have faced in your JCI journey?***

As a National President, you have to maintain the balance of interest between different chapters. Every chapter had their own culture. We have to fully understand and respect their culture. We need to communicate with different members from different chapters in order to make every chapters being treated in a fair way.

***5. You also endeavor to do volunteer service for The Y. Elites Association and other organizations, may you compare it to JCIHK? Did the experience in JCI bring you any advantage?***



The experience in JCI brings me big advantage. We are well-trained in terms of protocol, meeting procedures, business manner and project organizing skills. We are so welcomed by other organizations and government departments. We can make sure the meeting going in an effective and efficient way. That makes us great youth leaders.

For other organizations e.g. The Y. Elites Association are project/product-oriented while JCI focuses on empowering leaders and trainings for members.

Also, JCI is an international organization which got branches in over 120 countries. We emphasize so much on international affairs which encourage JC members from different countries to have more communication and connection.

***6. What's the biggest motivation for you to serve jci for such a long time?***

JCI is a place that empowers me to be a real leader. I have a lot of experienced mentors and people who cares so much about me. I still have a lot of pioneers who are actively in participating JCI events. I am so glad every time I meet them and talk about the good old days.

***7. How do you see the development of JCI in the coming future?***

There are a lot of youth organizations nowadays. We have to communicate and cooperate with them to learn about their advantages so that we can make our system or projects to be more suitable and attractive to youngsters.

The rapid growth of Mainland China had created a lot of opportunities to young people. The development of Greater Bay Area and One Belt One Road are great chances for youngsters in terms of their career and future development. We used to have a close relationship with China Youth Federation which gave us chances to communicate with those high ranking members who may be the future leaders for China Government.

Focusing more on maintaining a good relationship with the youth organizations in China can create chances for members who are interested in China development so as to attract more quality members.

***8. How do you make a work life balance? How can you achieve time management?***

You can get it if you really want it. We should trust our capability and don't set any boundary or excuses. Trust the power of delegation and team work. Our time and ability may have limit but a team don't. Trust our teammates and make ourselves a great leader to motivate the team to move in an effective way.

Interview with

# JCI EXECUTIVE VICE PRESIDENT ELECT SENATOR TERESA POON

## THE HIDDEN GEM IN JCI IN THE EYE OF EXECUTIVE VICE PRESIDENT ELECT TERESA POON



Elected as the Executive Vice President of JCI (JCIEVP), Teresa Poon is going to take up her role as one of the leaders in JCI in 2021. It might be very difficult for any ordinary members of JCIHK to imagine how life as JCIEVP would be like and Teresa is no exception. Yet, despite uncertainties, amongst other things, in international public health situation in 2021, Teresa is standing ready and grateful for the opportunity to take up the role as JCIEVP because of the hidden gem that she sees in JCI.

"Working in JCI is so different from that in JCIHK and you have to be open minded to embrace the cultural differences. For example, local chapters in JCIHK are so closely connected while local chapters in other places might not enjoy the same proximity. Also, I feel very lucky to be a member of JCIHK for the diversity and horizons that we enjoy", said Teresa. When asked what motivated her to become JCIEVP in 2021, Teresa said without hesitation, "I am a person who is always willing and eager to grab any opportunity that comes to me and I endeavor to prepare myself for the opportunity that may appear in foreseeable future. Here, I met different persons including many peers and senior members that I admire, and learnt many things from each of them. This is the hidden gem that I see in JCI and **I REALLY LOVE JCI SO MUCH**.".

True as what Teresa said, JCI is a place that is full of opportunities. In her 12 years' journey in JCI since 2008, Teresa started as the president of JCI City Lady in 2011, Secretary General of Asia Pacific Conference of JCI in 2012, Executive Committee member of JCIHK in 2013 and 2014, National President of JCIHK in 2017, Vice President of JCI in 2019 to JCIEVP in 2021. To her, she learnt the most during the first 6 years in JCI, and the latter 6 years become the time for her to give back. She enjoys being the matchmaker to connect members with different needs in order to achieve a greater goal, from which she derived huge satisfaction.




2012 was a special year for Teresa as she worked as the Secretary General of Asia Pacific Conference of JCI (ASPAC), which was held in Hong Kong. During which, not only did she led a team formed by different representatives nominated by then 19 local chapters, she also got the chance to get involved in different stages in preparation for ASPAC. Despite withdrawal from work for 3 months to prepare for ASPAC, Teresa

also gained by meeting great people who inspired her in every way. Since then, Teresa continued to assist in the organization of the ASPAC in 2013 at Gwangju, 2014 at Yamagata, 2016 at Kaohsiung, 2018 in Kagoshima, and the World Congress in 2015 at Kanazawa. Her experience in assisting in ASPAC and World Congress are unforgettable to her, which also brings special meaning for her to take up the position as JCIEVP in 2021.

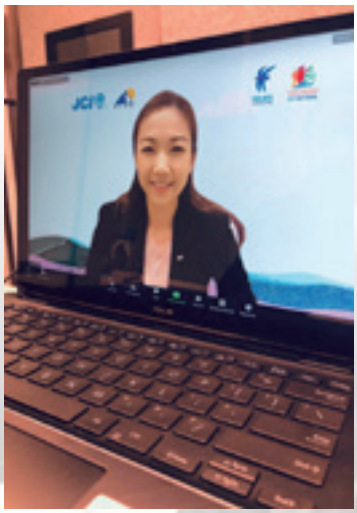





2017 was another unforgettable year for Teresa as she was the National President of JCIHK. "It could be the most challenging time frankly speaking, because I wished not to fail the people who helped me to come all the way to become the National President of JCIHK, especially my lifelong mentor JCI Honorary Advisor and 1979 National President Senator Sonny Yu. As the leader of JCIHK in 2017, the ups and downs I encountered were beyond words.", said Teresa. Yet, when looking back, 2017 was also a year full of gratitude because Teresa found her own way to tackle problems and balance the "NP and Private Life" and got unfailing support from senior members, JCI City Lady and her elder brother JCI City. "The support that I got was the most touching and that deepens my craze for JCI.".







Looking forward, as JCIEVP in 2021, one of the major duties of Teresa is to act as the Chairlady of ASPAC to be held in Taichung, and she is standing ready to utilize her experience in the past ASPAC and World Congress aforementioned. She reminded us once again the hidden gem she sees in JCI with particular emphasis on the contribution of each and every member, "Different members might have different expectations when they joined JCI and their focuses might be different. Yet, I see something in common – all members do treasure the friendship they have got in JCI and this forms the solidarity in this organization. Let's work together to cultivate and nurture friendship among members for the eternal bonding that we wish to have!".

# NEWS FROM JCIHK ALUMNI CLUB

## Alumni Graduation Ceremony on The 55th National Convention of JCI Hong Kong




Welcome to the JCIHK Alumni Club !

The 55th National Convention was successfully held on 26-27th September, 2020. At the Alumni Graduation Ceremony, I would like to congratulate 14 individual members including our National President Senator Maric Cheng to become our "Baby" senior members. Hope that they will enjoy the activities organized by the Alumni Club in the near future.

At the Senatorship Presentation Ceremony, I would like to congratulate 4 Alumni Club ExCom members including Vice Chairmen : Bowie Lam, Annalisa Lee, Dicky King and Assistant Vice Chairman Cheung Wing, honored to receive the JCI Senatorships.

Thank you very much for the support from Alumni Club Chairman Senator Victor Chan, Hon. Treasurer Oliver To and Emcee Redi Choi.

Also, thanks for the 55th National Convention Hosting Chapter - JCI Peninsula.

Leslie Lau
Vice Chairman ( Membership)



















## 2020 Alumni Club Mahjong Competition cum Dinner Gathering
## [2020雀皇爭霸戰 暨 聯歡晚宴]







Alumni Club mahjong competition cum dinner gathering was held on 17th October 2020 at the Palace restaurant in Tsim Sha Tsui. The organizing committee had encountered great difficulties throughout the months despite of the unstable pandemic situation and finally the event was successfully completed.

Total of 67 senior members and guests participated in the event. There were 20 senior members joining the mahjong competition. The Champion of 2020 Mahjong Competition is Mr. Kenneth Li from JCI Island.

In order to comply with the Prevention and Control of Disease regulations, all attendees were arranged to sit at a table of four to maintain good social distancing. It was a wonderful time for the reunion of senior members. The atmosphere of the event was cheerful and full of happiness.

Once again, congratulations to all the Mahjong winners !

Dicky King
Vice Chairman ( Public Relations)










# Senate Presentation During the 55th National Convention of JCI Hong Kong

On the occasion of the 55th National Convention hosted by the JCI Peninsula. We are overjoyed to have 15 outstanding members honoured with senatorship. They are:


Senator Dicky King (JCI Kowloon)


Senator Aron Wong (JCI Kowloon)


Senator Ronald Chang (JCI Island)


Senator Jackal Ho (JCI Peninsula)


Senator Anna Lisa (JCI Peninsula)


Senator Thomas Wong (JCI Lion Rock)


Senator Hanson So (JCI Harbour)


Senator Bowie Lam (JCI Tai Ping Shan)


Senator Yasmin To (JCI Tai Ping Shan)


Senator Carmen Wong (JCI Bauhinia)


Senator Wing Cheung (JCI City)


Senator Kenny Chu (JCI Apex)


Senator Bess Li (JCI City Lady)


Senator Nancy Yau (JCI City Lady)


Senator Boris Kam (JCI Lantau)

# National Partnership and Sponsorship Affairs

Since the launch of Win Win Jet So program in March, over 150 companies have joined our program. To enjoy the special offers, members can go on this website (jcihk.org/jetso) to explore more!

Some members have shared their entrepreneurship stories and experiences on our JCI Hong Kong social media platform.







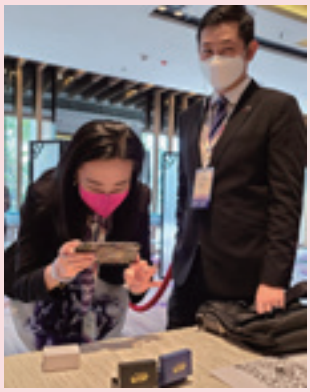








# National Corporate Communication



## JCI Hong Kong Souvenir Program

The second wave of JCI Hong Kong souvenirs, collar tips, were sold like hotcakes at the 55th National Convention. The National Corporate Communication team received over 250 orders in 2 days. We would like to thank everyone who loves or have purchased our product, and the National Conventions team for the special arrangement of the counter near the main entrance. Thank you NEVP Senator Kenneth Yu, NCC Officer Steven Chu, Sherri Chan and Angie Lau for your endless support. Special thanks go to our 2006 JCI Tai Ping Shan President Senator Felix Chan who was our counter ambassador. We would not have achieved such good results without support from all of you.

Our stock is running short. If anyone is interested to have one, feel free to contact me or visit JCIHK office to place your order. We are now open for overseas members too. If you want to promote it to your overseas sister chapter, you can share this link with them: https://jci.silkroadebelt.com/product_detail.php?id=76. Don't miss the chance and order now!







# NATIONAL GLOBAL GOALS

## EDUCATION CHALLENGE UNDER COVID-19

In 2020, as the COVID-19 pandemic spread across the globe, a majority of countries announced the temporary closure of schools, impacting more than 91 per cent of students worldwide. By April 2020, close to 1.6 billion children and youth were out of school. And nearly 369 million children who rely on school meals needed to look to other sources for daily nutrition.

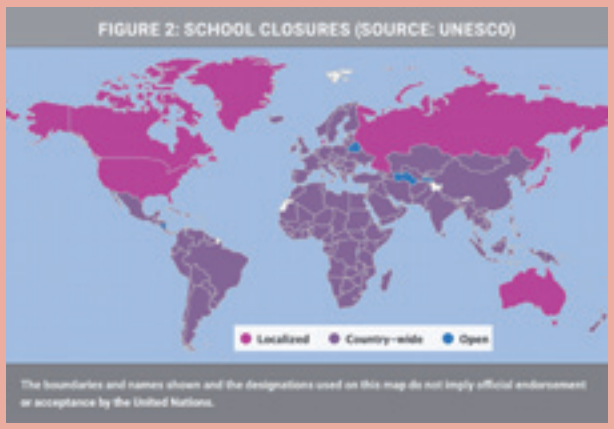
Never before have so many children been out of school at the same time, disrupting learning and upending lives, especially the most vulnerable and marginalised. The global pandemic has far-reaching consequences that may jeopardize hard won gains made in improving global education.

### *Facts & Figures:*

Before the coronavirus crisis, projections showed that more than 200 million children would be out of school, and only 60 per cent of young people would be completing upper secondary education in 2030.

The worldwide closure of schools has no historical precedent. 188 countries have imposed countrywide closures, affecting more than 1.5 billion children and youth. In contrast to previous disease outbreaks, school closures have been imposed preemptively: in 27 countries closures were introduced before cases of the virus were recorded.

Child nutrition is a vital concern. 368.5 million children across 143 countries who normally rely on school meals for a reliable source of daily nutrition must now look to other sources.




Should schools remain closed and cause girls to drop out, it is being anticipated an increase in teenage pregnancy in the year ahead. A recent meta-analysis of the prevalence and determinants of adolescent pregnancy in Africa found that adolescent girls out of school are more than two times more likely to start childbearing than those who are in school.

# NATIONAL MEMBERSHIP AFFAIRS

JCI Hong Kong would like to thank all the members and chapters for their contribution to membership recruitment and membership retention amid the COVID-19 pandemic. Now, let's look at the results of Networker Summer Season.




SDG Hack Day was successfully held on 14-15 Nov 2020. Thanks for all the participants across the NOMs.

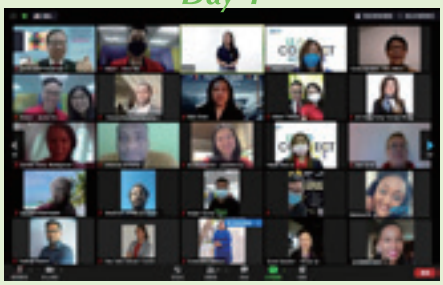
Grateful to have Mrs. Mitzi Leung (Vice President, UNESCO Hong Kong Association) and Dr. Irene Lau (Chairlady of the Central and Western District Association for Culture and Arts) to share SDGs to our participants.

Over 40 people joined the session of presentations. All the groups have spent great efforts in researching and doing the proposals within a tight timeframe of 24 hours, while overcoming time zone differences.

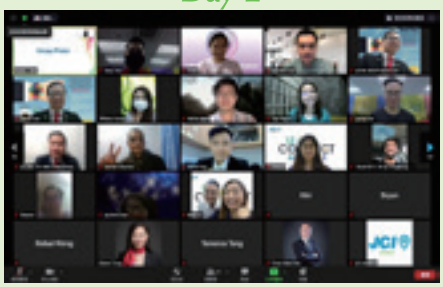
Congratulations to Group 2 who won the presentations. Group 2 comprises members from Mauritius, Trinidad and Tobago West Indices, Tunisia and Guadelo upe France.

Thanks again for distinguished judges Mrs. Mitzi Leung (Vice President UNESCO Hong Kong Association) and Mr. Garrick Lau (New World Development) for their insightful comments for the participants.

*Day 1*



*Day 2*



# National Global Affairs

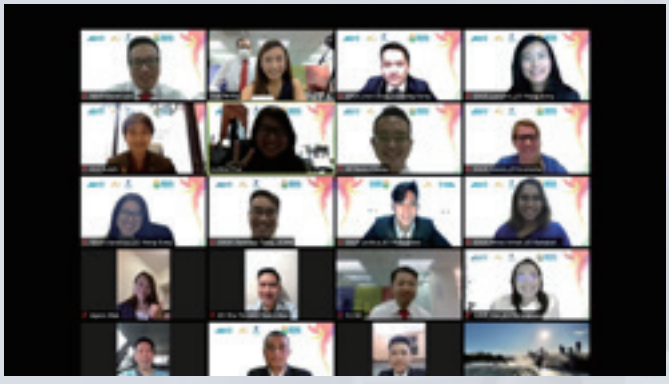



The SDG Pioneers Go Global: Integrating SDGs in Project Planning and Execution, which forms part of the programs of JCI Online World Congress 2020, has been successfully held on 24 October 2020.

More than 100 members from all around the world joined our workshop this time, kicking off the first Pre-Congress Program of 2020 JCI Online World Congress (Yokohama). The workshop was made up of an ice-breaking session and 3 breakout sessions. And the winning teams in our Online Summit held on 22 August 2020 showed their winning videos related to SDG goals and our SDG pioneers acted as facilitators in breakout sessions. They shared their project ideas and demonstrated how a project can be formulated in project planning and execution. All participants were divided into groups and learned in depth how to localize the social issue, develop an execution plan, and brainstorm potential partners that can be involved and review / evaluate the potential solutions.







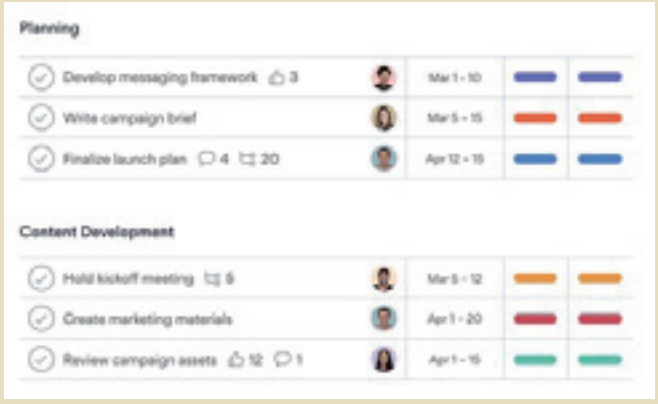
# National Digital Development

## Asana - *Manage your team's work, projects, & tasks online*

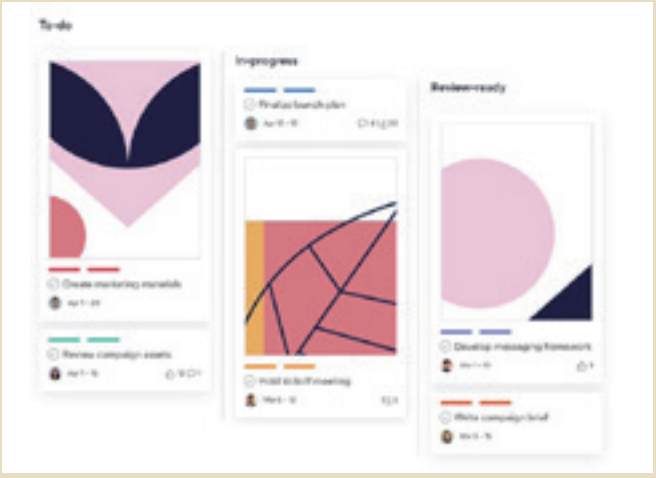
In JCI, we have recommended the training course Project Management, it gives you an idea of GAIN Chart in excel format to manage your project well. It is an awesome thing to make you and your team work together on schedule. Today, I would like to recommend an online platform to help you bring your GAIN Chart online. You can set up tasks and assign who is responsible for the task with a due date, once the due date closes, the system will automatically send you and your teammate a reminder by email and also push notification if you installed their mobile app. Also you can track everything including discussion and the progress. The most important thing is that, it is FREE, except you would like to use some more powerful tools and functions.

No worries, if you are a charity registered via section 88, you actually can purchase those powerful function with NGO price, for more details, visit the page below, you can also scan the QR code to get to the page:

*https://www.techdonation.org.hk/en/node/13688*




**List view**
Organize and assign tasks. With lists, teams see immediately what they need to do, which tasks are a priority, and when work is due.




**Boards**
Make it easy for your team to focus on tasks currently at hand. Define each stage of work to see what's important and where things are getting stuck.




**Timeline**
See how work maps out over time. Manage dependent, overlapping, and unscheduled tasks—and create plans your team can count on.



**Get the whole picture. Finally.**
Keep an eye on your team's progress and workload. Get real-time charts and other visual highlights to share status, spot potential problems, and keep work on track.

# National Mainland Affairs

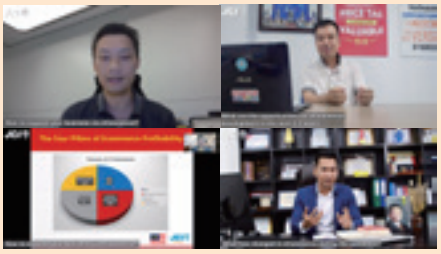
國際青年商會香港總會 - 內地事務組別非常榮幸為2020年國際青年商會世界大會籌備了一連串網上商務交流活動，為全球JCI會友帶來價值連城的商機。

當中活動包括： - JCI Business Airtime - JCI Innovative Business Visit - Entrepreneur 101

## JCI Business Airtime – International eCommerce Webinar




在努力探索商機的同時，當然我們也必須積極地裝備自己！ 隨著2020年COVID19肆虐全球，eCommerce已成為企業轉型的新常態。 內地事務組別很榮幸邀請到來自馬來西亞，柬埔寨，越南和新加坡的eCommerce Leaders為全球JCI會友仔細講解中小企業如何在世界各地的不同文化中成功地應用和發展電子商務！



## JCI Innovative Business Visit

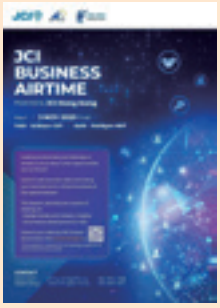



內地事務組別帶來了嶄新的AsiaPac Net Media 虛擬參觀，讓全球JCI會友能夠透過網路去進行大中華區企業學習，如何有效運用營銷渠道滲透至目標市場！





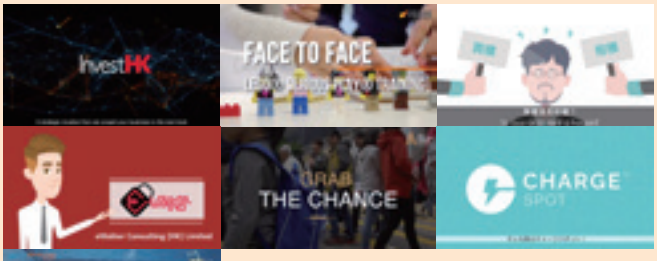
## JCI Business Airtime – Business Showcase




全球超過30家屬於JCI會友的公司在本次Business Showcase 期間以短片形式推廣其產品和服務予所有參與世界大會的JCI會友！









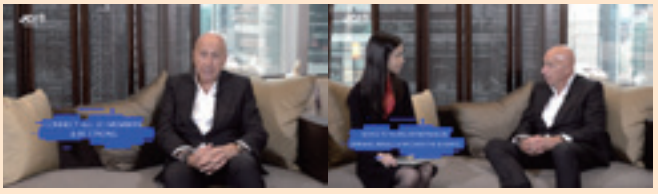
## Entrepreneur 101




內地事務組別很榮幸能邀請傑出重量級演講嘉賓 盛智文博士 GBM，GBS，JP 以及 王維基先生為全球JCI會友進行主題演講，分享他們在各種創新領域的商業環境下的商業故事以及如何在疫市下變通生存。

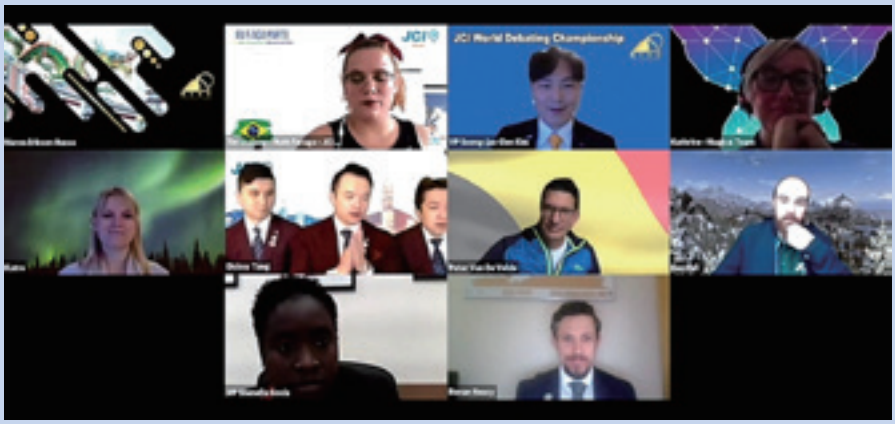








# National Leadership Development









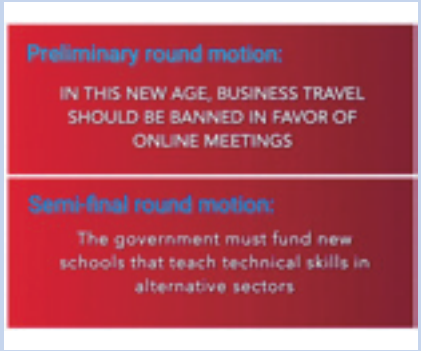



To fight against the COVID-19, members of JCI breakthrough themselves with countless "first-ever" projects and events. Our members strive to grap every development opportunities!

Although our JCIHK Public Speaking and Debating representatives cannot go to Cambodia to compete for the Championship in ASPAC in person, they finally step on the stage of World Congress (virtually)!

### *"When one door closes, another opens."*

The "first-ever" online JCI World Public Speaking and Debating Championship were held during the 2020 World Congress. Our 2020 JCIHK Public Speaking Champion Karen Chui (JCI East Kowloon) and Debate Champion Team (JCI City) of Dickey Tang, Zacharias Cheng and Jerome Ng joined the World Congress in a different way!



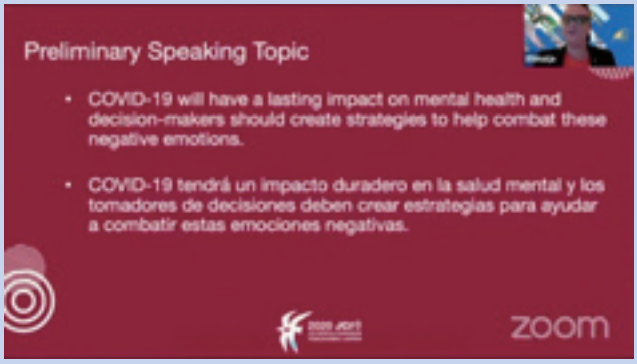

While the contest was held online, it was exciting yet competitive as usual.

For Public Speaking, Karen did a great job on the topic about COVID-19 and shared her view on how policymakers could improve information delivery.




For Debate, the JCIHK team won the Preliminary round and entered the Semi-final. Our three big boys performed positively and energetically during the “debate marathon” (until 2:00AM HKT).

So, you missed their performance? Don’t worry! Registered World Congress delegates can revisit the JCI World Public Speaking and Debating Championship in “Swapcard” until the end of 2020.






# National Training and Development Commission




NC Training Workshop was successfully held with over 100 registrations on 26 Sept during 55th National Convention. We are honored to have invited Mr. Gary Lo and Mr. Mills Wong to be our guest speakers, and also have invited Mr. Francis Mok to be our moderator. The sharing was inspiring for our young leaders with both online and offline platforms covering the following training topics:1) Leadership Qualities in Corporate, 2) How Leaders Should Equip Themselves to Lead in the Future, 3) Panel Discussion: Slasher Generation.

The awards for the first and second seasons of Power Learning Path 2020 ("PLP") was presented during the National Convention with a record-high number of 70 members achieved the PLP award.

Trainer Mentorship Program (TMP) Trainer Summit was successfully held with about 100 registrations on Oct 10. National Training and Development Commission (NTDC) obtained positive feedback from mentees and participants for the whole program. All mentees (total: 29) completed their training with comments and evaluations from their mentors and observing mentors. This training is valuable for participants to train up themselves and we hoped they will continue their training path from here onwards.









# NATIONAL INTERNATIONAL AFFAIRS

## 2020 JCI Online World Congress

2020 JCI World Congress was successfully held via Swapcard between 24th October and 8th November (Additional programme on 14th and 15th November. There were 346 JCIHK members registered for the event with 303 VIP RISE Packages (USD100) and 43 Core packages (USD20) through both JCIHK and Official website, reported as the third most participated NOM in the 2020 World Congress followed by Japan and Korea.

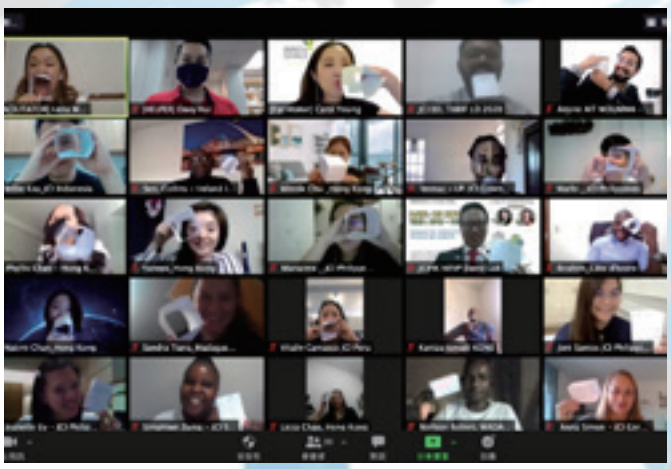


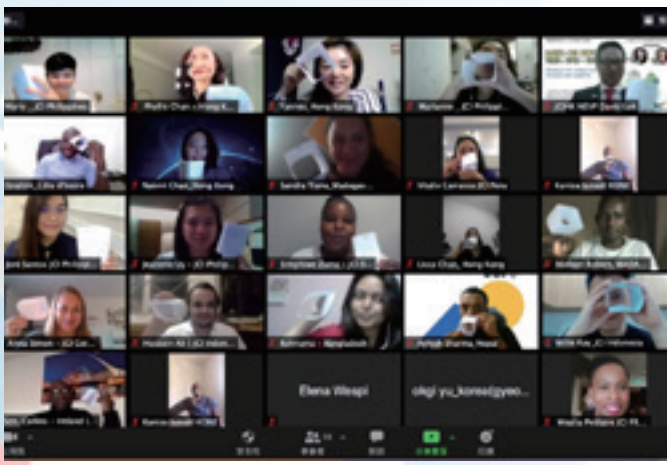

## Hack the Box for a Sustainable Life Online Workshop




SDG Workshop: Sustainable Goals - Sustainable Life (Hack the Box for a Sustainable Life Online Workshop) was successfully held on 3rd November in world congress, with more than 100 participants registered. However, due to the limitations, there were 40 JCI world Congress VIPs from 12 NOMs joined this event. Thanks to INNOVGoals Ltd and their trainers (also our facilitators) JCI Hong Kong Jayceettes Past President Senator Carol Yeung and JCI ShaTin Past President Senator Lena Wong for hosting such a wonderful event, and IA/world Congress on-to team for organising.

Thank you NP for the wonderful promotion video, GA team, LD team, Mainland team, MA team, Publication Team and everyone else to represent JCIHK for organising different programmes in world congress, IA/World Congress On-to team assistance throughout these two weeks, and everyone who participated in world congress. For VIP RISE members, please enjoy all programme recaps on Swapcard before 31/12/2020.





# National Records and Recognition

In 2020 we have had to deal with the COVID-19 Global Pandemic. However, this pandemic did not stop our Local Chapters from advocating active citizenship. In fact, they have doubled or even tripled their effort and creativity to continue to provide opportunities for members development and to create positive change in the society.

Surprisingly, the bidbooks entries this year for JCIHK 55th National Convention did not drop at all but actually increase from last year entries so once again, we are grateful for the dedication and passion for all members who went extra miles in launching various impactful projects this year! You have all lived up to the JCIHK theme for 2020 of "Lead, Connect, Achieve".

**Awards Ceremony**

| *Award Name* | | *Project/Winner Name* | *Chapter* |
|---|---|---|---|
| Most Outstanding Member | Award | Senator Kelvin Lam | JCI Peninsula |
| Most Outstanding New Member | Award<br>Merit | Zac Lee<br>Ethan Chan | JCI Harbour<br>JCI Ocean |
| Most Outstanding Trainer | Award | Senator Naomi Chan | JCI Hong Kong Jayceettes |
| Most Outstanding Chapter President (25–55 members) | Award<br>Merit<br>Merit | Aimee Tan<br>Natalie Yun<br>Freddy Tse | JCI Victoria<br>JCI Bauhinia<br>JCI North District |
| Most Outstanding Chapter President (56–90 members) | Award<br>Merit<br>Merit | Ross Chan<br>Krystle Fong<br>Athena Yim | JCI Dragon<br>JCI Hong Kong Jayceettes<br>JCI City Lady |
| Most Outstanding Chapter President (91+ members) | Award<br>Merit<br>Merit | Patricia Loo<br>Jonathan Chan<br>William Tam | JCI Harbour<br>JCI Peninsula<br>JCI City |
| Outstanding NOM ExCom Member Award | Award<br>Merit | Senator Joel Li<br>Zoe Mo | JCI Apex<br>JCI Bauhinia |
| Outstanding NOM Director/Officer Award | Award<br>Merit | Dickson Lo<br>Terrence Tang | JCI North District<br>JCI Harbour |
| Outstanding NOM Commission Chairman Award | Award<br>Merit | Eddie Yuen<br>Julie Yiu | JCI Sha Tin<br>JCI Bauhinia |
| Best Corporate Communication Program | Award<br>Merit | The 14th Young Leaders Series – 2020 Greater Bay Area Young Leaders Selection<br>Hong Kong Professional Elite Ladies Selection 2020 | JCI Harbour<br>JCI City Lady |
| Best Community Empowerment Program | Award<br>Merit<br>Merit | Be Healthy, Act Healthy – Mind Decoder<br>Circle Care 2020- Women Time Program<br>Care & Dare 2020: Period Love | JCI Peninsula<br>JCI Bauhinia<br>JCI Hong Kong Jayceettes |
| Best Economic Development Program | Award<br>Merit | The Best Employee Employer Award 2020<br>The 24th Innovative Entrepreneur Award Program | JCI Dragon<br>JCI City |
| Best E-Marketing Award | Award | Digitalized City Ladies | JCI City Lady |
| Best Global Goals Project | Award | Female Elites' Series 2020: Business on Stilettos | JCI Hong Kong Jayceettes |
| Best Growth & Development Program | Award<br>Merit<br><br>Merit | The Jayceettes Cohorts – Unite To Empower!<br>JCI Hong Kong Champion Of Championship: Werewolf Competition 2020<br>To-gather Together | JCI Hong Kong Jayceettes<br>JCI Sha Tin<br><br>JCI Peninsula |
| Best Inter-organization Collaboration Program | Award<br>Merit | Youth RE+Lift 2020<br>The Junior Dragon Ambassador Selection 2020 & 32nd Asia-Pacific Children Convention (Hong Kong Selection) | JCI Dragon<br>JCI City |
| Best JCI Members Development Program | Award | Leaders For Tomorrow | JCI Lion Rock |
| Best Long-term Community Development Program | Award<br>Merit | The 41st International Children Drawing Contest cum Photography Competition – Go Go Earth Rangers!<br>Children's Play Rights | JCI Harbour<br>JCI Tsuen Wan |
| Best Mainland Affairs Program | Award | We Love Schooling | JCI Peninsula |

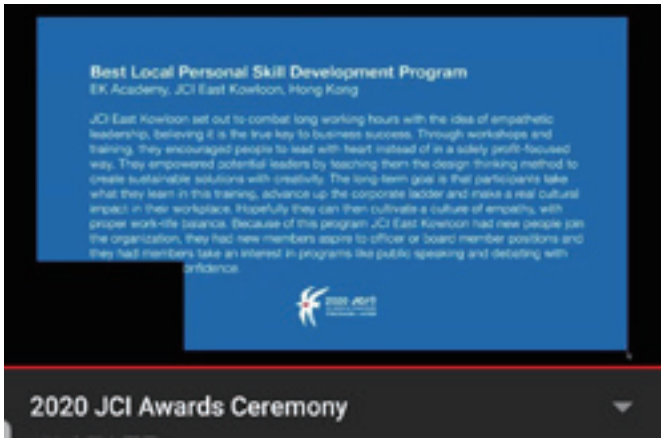
| | | | |
|---|---|---|---|
| Best New Project | Award | Love In Time | JCI Lion Rock |
| Best Personal Skill Development Program | Award<br>Merit | Dialogue with the Future – Lead the City<br>EK Academy | JCI Peninsula<br>JCI East Kowloon |
| Best Publication Award | Award | SNAPSHOTs – Blossoming 20s, Flourishing 30s, Scenting 40s, Fruiting 50s | JCI Hong Kong Jayceettes |
| Best Sustainable Development Program | Award<br>Merit | Eat All, Can You?<br>SDG Run – Better Run Better Fun | JCI City<br>JCI Harbour |
| Best Of The Best | Award | Love In Time | JCI Lion Rock |
| Best Chapter of the Area (25-55 members) | Award<br>Merit<br>Merit | | JCI Bauhinia<br>JCI Victoria<br>JCI Sha Tin |
| Best Chapter of the Area (56–90 members) | Award<br>Merit<br>Merit | | JCI Dragon<br>JCI Hong Kong Jayceettes<br>JCI City Lady |
| Best Chapter of the Area (91+ members) | Award<br>Merit<br>Merit | | JCI Harbour<br>JCI Peninsula<br>JCI City |
| Outstanding Progressive LOM Award | Award | | JCI East Kowloon |
| Award for LOM with the Best Contribution in NOM Activities (25-55 members) | Award<br>Merit<br>Merit | | JCI Island<br>JCI North District<br>JCI Sha Tin |
| Award for LOM with the Best Contribution in NOM Activities (56-90 members) | Award<br>Merit | | JCI Hong Kong Jayceettes<br>JCI Apex |
| Award for LOM with the Best Contribution in NOM Activities (91+ members) | Award<br>Merit | | JCI Harbour<br>JCI City |
| Award for LOM with the Best Organization Management For Learning & Knowledge | Award<br>Merit<br>Merit | | JCI Harbour<br>JCI Hong Kong Jayceettes<br>JCI Peninsula |
| The Best NOM Project hosted by LOM | Award | The 54th National Convention of JCI Hong Kong | JCI Island |

## Presidential awards

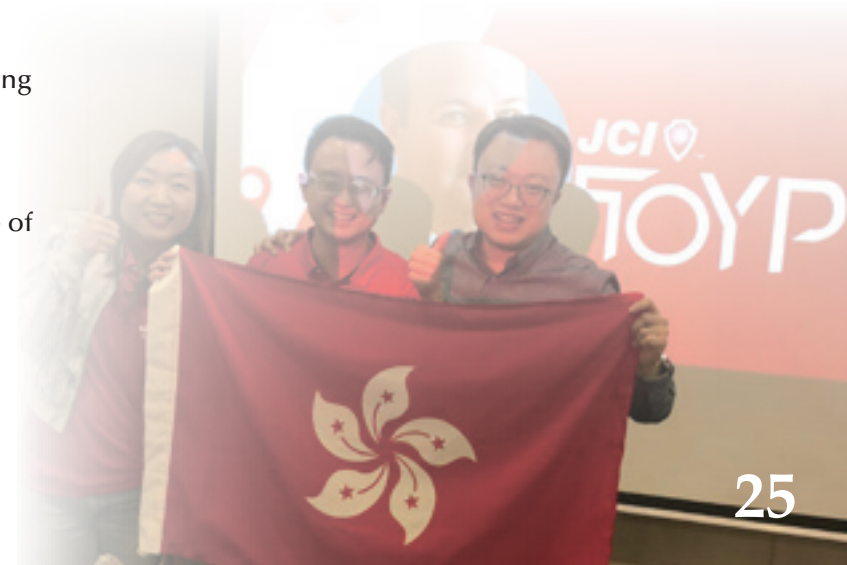
| *Award Name* | *Title* | *Name* |
|---|---|---|
| Presidential Award of Appreciation | JCI Honorary Advisor and 1979 National President | Senator Sonny Yu |
| Presidential Appreciation to National Advisor | NOM Panel of Advisors and 1976 National President | Senator Paul Yin, SBS, JP |
| Presidential Appreciation to National Advisor | NOM Panel of Advisors and 1980 National President | Senator Major Tang |
| Presidential Appreciation to National Advisor | NOM Panel of Advisors and 1993 National President | Senator George Lung, BBS, MH, JP |
| Presidential Appreciation to National Advisor | NOM Panel of Advisors and 2005 National President | Senator Ellen Tsang |
| Presidential Award of Appreciation | JCI Advisory Board Chairman and 2008 National President | Senator Eric Tang |
| Presidential Award of Appreciation | HKJC Foundation Chairman and 2006 National President | Senator James Tsui |
| Presidential Appreciation to National Advisor | National Presidential Advisor and 2015 National President | Senator Anthony Leung |
| Presidential Appreciation to National Advisor | National Global Affairs Advisor and 2017 National President | Senator Teresa Poon |
| Presidential Appreciation to National Advisor | NTDC Advisor and 1999 National President | Senator Louise Chan |
| Presidential Appreciation to National Advisor | NTDC Advisor and 2002 National President | Senator Tony Chan |
| Presidential Appreciation to National Advisor | 70th Anniversary Advisor and 2016 National President | Senator Brian Kwan |
| Presidential Appreciation to National Advisor | 70th Anniversary Advisor and 2003 National President | Senator Alice Liu |
| Presidential Appreciation to National Advisor | Inaugural Ceremony Advisor and 2018 National President | Senator Ronald Kan |

| | | |
|---|---|---|
| Presidential Award of Appreciation | Senate Chairman and National Immediate Past President | Senator Zenith Lin |
| Presidential Award of Appreciation | TOYP Selection Steering Committee Chairman and 1984 National President | Senator John Chan |
| Presidential Award of Appreciation | Chief Judge and 2012 National President | Senator Stanley Ng |
| Presidential Award of Appreciation | JCI Hong Kong Alumni Club Chairman | Senator Victor Chan |
| Presidential Award of Excellence | National General Legal Counsel | Senator Jessica Lee |
| Presidential Award of Excellence | National Executive Vice President | Senator David Luk |
| Presidential Award of Excellence | National Executive Vice President | Senator Kenneth Yu |
| Presidential Award of Excellence | Chamber Executive | Senator Phyllis Chan |
| Presidential Award of Excellence | Executive Assistant to National President | Benjamin Lee |
| Presidential Award of Excellence | Executive Assistant to National President | Marco Lam |
| Presidential Appreciation to Hosting Chapter | 55th National Convention | JCI Peninsula |
| Presidential Award of Appreciation | JCI Tai Ping Shan 1994 President | Senator Wendy Pang |
| Presidential Award of Appreciation | JCI City 2004 President | Senator Polsion Leung |
| Presidential Award of Appreciation | JCI Bauhinia 2016 President | Senator Carmen Wong |
| Presidential Award of Appreciation | JCI Tai Ping Shan 2000 President | Senator William Wong |
| Presidential Award of Appreciation | | JCI Kowloon |
| Presidential Award of Appreciation | | JCI Yuen Long |
| Presidential Award of Appreciation | | JCI Tai Ping Shan |
| Presidential Award of Appreciation | | JCI Queensway |
| Presidential Award of Appreciation | | JCI Lantau |

On the other hand, we recently had the first ever online World Congress where more than 300 members registered and enjoyed various elements. JCIHK proudly won the following award and recognitions in 2020 World Congress. We look forward in seeing more members receiving their awards and recognition in person in next year's ASPAC and World Congress!




- ★ JCI East Kowloon- EK Academy winning the "Best Local Personal Skill Development Program"
- ★ JCI Lion Rock- Leaders For Tomorrow being the Top 3 of the "Best Local Personal Skill Development Program"
- ★ Carol Yeung from JCI Hong Kong Jayceettes being recognized as one of the Top 4 JCI Members globally
- ★ Gary Lee from JCI City being recognised as one of the Top 4 JCI Local Presidents globally








70TH



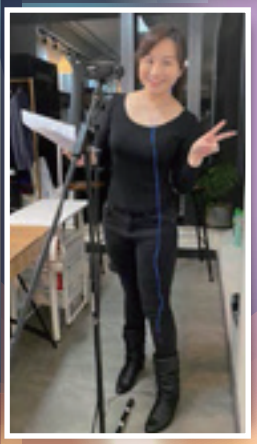


ANNIVERSARY



CELEBRATION PREPARATION







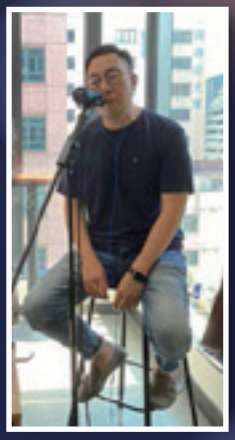




PHOTO ALBUM

70TH ANNIVERSARY CELEBRATION

JCI Hong Kong

LEAD CONNECT ACHIEVE

70 YEARS OF Serving Humanity

JCI Hong Kong LEAD CONNECT ACHIEVE 70

# 70TH ANNIVERSARY CELEBRATION

## Special for you

To commemorate the 70th anniversary of JCI Hong Kong and to show our appreciation for the contribution by the brothers and sisters of JCI Hong Kong, we have produced four different scarves for members who have served JCI Hong Kong for 10, 20, 30, 40 and 50 years respectively.

Each member registered for the event will receive this specially designed scarf as a small gift. Again thank you for joining and celebrating JCI Hong Kong's 70th anniversary with us!



# TEN OUTSTANDING YOUNG PERSONS SELECTION 2020

The Junior Chamber International Hong Kong (JCIHK) named seven young Hong Kong citizens, aged between 21 and 40, who judges of "Ten Outstanding Young Persons Selection 2020" (TOYP Selection 2020) deem to have excelled in their professional endeavors and unselfish contributions to the community. The theme of this year's selection, "In faith, I can"(相信，我可以), gives recognition to young Hong Kong Citizens who strove their belief, while keep inspiring the community and making positive changes to our society.




*Dr. NG Ka Wing, Gary; Dr. TSO Wan Yee, Winnie; SIU Hoi Yan, Michelle; AU Hoi Shun, Stephanie; Chan Pak Hei, Kade; CHOU Sai Kit, Jet*

TOYP organizational committee embraces the challenge of 2020 and nothing could stop them from carrying on actions. The Result Announcement Press Conference combined with the Award Presentation Luncheon, were successfully held on 3 October at the Ritz-Carlton Hong Kong.

The TOYP Selection this year marks its 48th edition. The programme accepts nomination under five categories: Civil and Social Services', 'Commerce and Industry', 'Education', 'Performing Arts /Sports / Culture and Arts' and 'Professionals' .Initial screening interviews were conducted by the Selection Consultant, "Ernst & Young" between July and August 2020, to verify the data contained in the nomination application, and to examine the eligibility of each nominee. All short-listed nominees attended the final judging session in September by an independent Judging Panel includes the Chief Judge Dr. Pang Yiu-kai GBS, JP, and other members namely Prof Chan Ka-keung, GBS, JP, Dr. Ko Wing-man GBS, JP, Ms. Mok Fung-yee, MH, JP, and Mr. Francis Ngai.




*(Behind) 2020 TOYP Awardees*
*(front) Ms. Karen Yeung, The Chairperson of the Organizing Committee of 2020 TOYP Selection*
*Dr. Tang Chi-kit Jacky, TOYPA Chairman*
*Dr. Pang Yiu-kai, GBS, JP, The Chief Judge of TOYP Selection 2020*
*Mr. Maric Cheng, JCI Hong Kong National President*
*Mr Ringo Choi, Managing Partner of China South Pacific IPO Leader of Ernst & Young, , Selection consultant of TOYP Selection 2020,*
*Mr. Zenith Lin JCI Hong Kong National Immediate Past President*

# Seven TOYP Awardees be name in Ten Outstanding Young Persons Selection 2020



### SIU Hoi Yan, Michelle

Category: Performing Arts/ Sports/ Culture & Arts

- a visually impaired soprano singer
- the first visually impaired to graduate from the Department of Music of the Chinese University of Hong Kong.



### Dr. TSO Wan Yee, Winnie

Category: Professionals

- A paediatrician
- Clinical assistant professor at the Department of Paediatrics & Adolescent Medicine, LKS Faculty of Medicine, University of Hong Kong.



### Dr. NG Ka Wing, Gary

Category: Civil & Social Services

- a Patient Safety and Risk Manager at the Hospital Authority
- Chairperman of Hong Kong Federation of Handicapped Youth



### CHOU Sai Kit, Jet

Category: Performing Arts/ Sports/ Culture & Arts

- Development Director (Xiangqi) of Hong Kong China Chess School
- Won various awards in international competitions including World Mind Sports Games



### AU Hoi Shun, Stephanie

Category: Performing Arts/ Sports/ Culture & Arts

- The first Hong Kong athlete to compete in four Olympic Games
- The holder of 12 Hong Kong Swimming records



### CHAN Pak Hei, Kade

Category: Performing Arts/ Sports/ Culture & Arts

- Professional Origami Artist
- Founder of Hong Kong Origami Academy



### YUNG Cho Yee, Joey

Category: Performing Arts/ Sports/ Culture & Arts

- Hong Kong Singer
- The record holder for winning the most awards at the Hong Kong's media awards cevemonies



**Mr. Maric Cheng**
JCI Hong Kong
National President



**Ms. Karen Yeung**
The Chairperson of the Organizing Committee of 2020 TOYP Selection

COLLABORATE

## JCI VICTORIA 維多利亞青年商會

www.vjc.org.hk

維多利亞青年商會自2006年策劃旗艦項目“innoBrand”，透過各種創新活動推廣品牌的理念。innoBrand 2020請來眾多專家對「創新品牌」作重新注釋，加上技術實踐及專業企業導師績效跟進，逆流向上不只是空談。



### [與多位專家合作]

我們舉行首個疫轉未來網上工作坊，邀請到專業講者- 亞洲教練及導師學院的林博士，分享在逆境下的心態調整以及實用的抗疫基金申請策略。



第二個疫轉未來網上工作坊，邀請到數碼營銷專家Sic Leung - 香港理工大學設計學院客席講師，與大家分享在逆境下如何利用現世代的營商方法推廣自己的商業版圖，認知當中的技巧，把握轉型，了解如何可以多賺錢及省錢達到致富。



科技改變了人的生活，零售行業除了以往傳統的實體店外，愈來愈多企業都會運用網店進行線上行銷，影片制作變成銷售上重要的一環。掌握最新製作影片的技巧，一鏡精準帶出公司的背景理念、打造公司形象、更有效宣傳產品的理念和特色越變重要。因此第三個工作坊，我們有幸邀請到廣告導演 Walker Chin 來和我們分享許多成功案例，例如一條餐廳宣傳片，上載一星期就有近25萬觀看，520讚好，88分享和24留言。他更分享了如何拍一條有效的宣傳影片，可達到重複成功和疊加效應。





### Sister chapters:

- JCI Tawau, Malaysia
- JCI Seoul DongDaeMun, Korea
- JCI Tainan, Taiwan
- JCI Ulaanbaatar, Mongolia
- JCI Osaka, Japan

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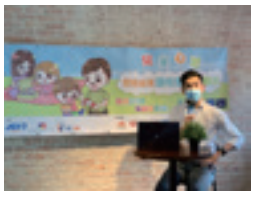
## JCI KOWLOON 九龍青年商會

www.jcikowloon.org

Together We Care is a Community Development Flagship Project of JCI Kowloon. In 2020, we aim to raise public awareness of children's mental health. We have conducted a survey on the communication between parents and children. An educational board game was specially designed this year and it inspired players to enhance the communication between parents and children.



We have collaborated with schools, organisations, professionals and KOLs to promote the importance of mental health, to understand emotions and enhance the interaction between parents and children.





Dr. Wong Li Wei, Board Certified Behavior Analyst, has advised us on designing the educational board game. He has also shared his knowledge to our participants to understand children's expression from their behavior. Ms Mavis Chan, Certified Yoga Instructor, has shared with us on how to enhance parent-child interaction through yoga. Ms Tiffany Leung, Speech Therapist, has talked about how to be a great communication with language. Parenting expert Annie has shared about her homeschool experience with her children.





Through the successful collaboration with school, organisation and experts, we have created and enhanced the social impact to the community in the project Together We Care.

### Sister chapters:

- JCI Mandaue, Philippines
- JCI Orchid, Singapore
- JCI Capital, Mongolia
- JCI Taipei Jayceettes, Taiwan
- JCI Nagoya, Japan
- JCI Kuala Lumpur, Malaysia
- Pan Mac JC, Macao

## JCI Island 港島青年商會

www.ijc.hk

### "JCI Island always treasure collaboration"

Collaboration is one of the key elements of JC values and building long-term relationships with strategic partners is critical to the success of JCI Island. In 2020, JCI Island has collaborated with different chapters to host high-quality events for members.



### Joint JC Course

On 28 June 2020, we have collaborated JCI Victoria, JCI North District and JCI City Lady for co-hosting JCI Admin & Effective Communication: Building a Foundation. This training course aims at building up a robust foundation in our members' JC career and refreshing their knowledge of effective communication skills. 4 top star trainers, 4 overseas training facilitators, 60+ participants and 8 organising committee members have jointly made significant contributions to the remarkable success of this online training course.



### Design Thinking Workshop

On 11 July 2020, we have collaborated JCI East Kowloon and JCI Queensway for co-hosting Hacking JCI by Design Thinking. Our Head Trainer 2012 National President Senator Stanley Ng has designed dynamic activities to inspire our participants to resolve issues systematically. In the workshop, our members were encouraged to apply what they have learnt for creating a better chapter.



### Wine Tasting Night

Our President Elect Luis Yip has been invited to deliver an online wine tasting workshop for covering the fundamental concepts and practical tips about wine tasting. The participants from JCI Island and JCI Ocean had enjoyed positive interaction with other chapters' members and built up closer friendship.



### Sister chapters:

- JCI Makati, Philippines
- JCI Bukit Mertajam, Malaysia
- JCI Taipei, Taiwan
- JCI Manilena, Philippines
- JCI Seoul, South Korea
- JCI Sendai, Japan

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## JCI Peninsula 半島青年商會

www.hkpjc.org

全球疫情令經濟活動大受影響，更有不少民調顯示港人壓力飆升，在職人士的精神健康更首當其衝。「健康紅人　心SEE • 解密」工作計劃透過與24間支持機構及贊助商合作，推出網上問卷調查、職場精神健康講座、免費減壓體驗工作坊(禪繞畫、冥想靜觀、音樂治療法)等，旨在增強企業對員工的支援服務，受惠人數已超過3000人次。



問卷調查與香港心理衞生會合作設計，並由香港中文大學醫學院精神科學系負責分析，結果顯示87%受訪者正面對中等或以上程度的壓力情緒，而僱主若提供適切支援，員工情緒健康將有顯著改善，數據有助企業審視公司制度並預測資源調配情況，相關結果亦獲得超過27間媒體報導。










計劃推出以來，減壓工作坊成功吸引參與機構之員工積極參加，同時也促進機構間的互動交流，實現資源共享。當中「株式會社有限公司」及「叙福樓集團有限公司」更成功榮獲「精神健康友善卓越機構」之嘉許稱號，塑造友善職場文化實有賴企業之間的相互合作，盼望員工將得到更完善的精神健康保障。

### Sister chapters:

- JCI Capitol, Philippines
- JCI Taichung, Taiwan
- Hou Kong JC, Macao
- JCI City, Singapore
- JCI Honolulu Chinese, USA
- JCI Minoh, Japan
- JCI Mapo Seoseoul, South Korea

CONNECT

## JCI HONG KONG JAYCEETTES 香港女青年商會

www.hkjtt.org

### *Connect in Crisis, Connect on Stilettos, Connect with You*







Struck by COVID-19, the pandemic has presented unprecedented challenges in our local community and economy in 2020. We have seen many women entrepreneurs struggle to sustain their businesses while keeping their family and loved ones safe.

Female Elites' Series 2020: Business on Stilettos 「跟」幗從商 has strived to connect our local female entrepreneurs in this difficult and challenging time and to equip them with various resources, knowledge with aim to assist them in withstanding the economic impact brought about by the Novel Coronavirus and to assist them in solidifying their existing business network.

The project covered 3 workshops covering topics on digital transformation, innovative business models, and female entrepreneurship. We connected 29 speakers, sponsors, supporting organizations and partners to lead the dialogue and knowledge exchange.

Considering the adverse economy and restriction on social gatherings, we have connected and reached over 6,500 participants and like-minded female entrepreneurs in 2020. The project team has made significant investments in technology and skills to transform our program from offline-to online-format, 100% free, in dedication to promote greater support and access for local female entrepreneurs and the general public.





Together, we have strived to connect like-minded female entrepreneurs and served as an inspiration to women in transformation into leaders of self, their family, workplace and community, and encourage those around them to embrace change, think positive, speak forward and build sustainable impact.

**Sister chapters:**

- JCI Manila, Philippines
- JCI Kaohsiung, Taiwan
- JCI Yokohama, Japan

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## JCI LION ROCK 獅子山青年商會

www.jcilionrock.org.hk

### 第九屆領袖導師計劃



【領袖導師計劃】是本會的旗艦工作計劃，今年以「明日領袖。承“袖”未來」為主題，邀請16位社會翹楚擔任星級導師，當中包括知名企業的創辦人及多位香港十大傑出青年。透過導師傳承寶貴人生經驗及知識，會員可以擴闊視野、提升領導決策及思考分析能力。計劃成功吸引46位會員及準會員參加，為歷年最多，當中更有12位準會員因此申請加入本會，成功啟發更多青年人加入青商，栽培他人成為明日領袖。



有鑑於新冠肺炎疫情及一系列防疫措施，本計劃學員在領袖導師的指導下製作一份關於香港經濟民生議題的問卷調查，並在7月至8月期間成功訪問約600位市民。本會邀請仙跡岩執行董事及香港恒生大學市場學系講師何國偉博士於調查結果發佈會當天分析報告重點；棋哥燒鵝聯合創辦人黎均誠先生(Kaiser Lai)分享在疫情下的經營情況；香港按揭轉介董事總經理、知名地產節目主持人物業投資專家葉景強先生 (King Sir)則講述本港經濟在新常態下所面臨的危機及機遇。






**Sister chapters:**

- JCI San Chung, Taiwan
- JCI Sibu, Malaysia
- JCI Kariya, Japan

## JCI Harbour 海港青年商會

www.hjc.org.hk

計劃參加者經過《線上簡介會暨工作坊》，已報名青年人被分派了中西區不同的小店讓他們對小店及小店東主有更深入了解。為了讓參加者更了解小店的營商理念以及對建議書的期望，我們與參加者親身到訪小店，讓他們可以和小店東主會面。在交談中，喜見到參加者十分用心，拍下照片以及抄寫筆記，更購買產品，讓自己親身體會整個消費體驗。

為了讓參加者獲得多角度的評審，我們邀請到：何潔釵小姐（中原(工商鋪)商鋪部高級區域營業董事），朱嘉盈女士（Day Day Cook 創辦人），廖穎琦女士（美高梅品牌策劃副總裁），鄺海翔先生（亞洲互動媒體集團主席)擔任我們的評審。參加者可以面對面向評審展示他們建議書的內容，評審即場提問及給予意見，更有評審即場邀請參加者加入他們的公司，可見參加者的質素十分之高。。評審一致認為是次建議書讓他們明白青年人在網上推廣的能力及特質，他們對市場及品牌的理解，更有評審表示見到如此有質素的參加者，將來不用擔心找不到出色的人才。



冠軍 N1 黃敏、鍾慧卿 、金燦軒、 尹淑怡 、陳思懿


宏利行


南洋冰室




亞軍 黃琬婷、黃梓峰

左一（主席劉俊延先生）左三（亞洲互動媒體集團主席 鄺海翔先生）中間（會長 盧苡嘉女士）右三（中原(工商鋪)商鋪部高級區域營業董事 何潔釵小姐）右二 （Day Day Cook 創辦人 朱嘉盈女士）

### Sister chapters:

- JCI Penang, Malaysia
- .JCI Kaohxiung Ladies, Taiwan
- JCI Kanazawa, Japan
- JCI Song Pa, South Korea
- JCI Marina, Singapore

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## JCI Yuen Long 元朗青年商會

www.yljc.org.hk

聯繫！在新冠肺炎底機會係要自己創造！裝備自己，追尋夢想！

在新冠肺炎對各行業的影響下，我們如何克服挑戰並把握新機會?

元朗青年商會秉承青年商會精神，提供發展機會以促進青年人創造積極正面的改變，因此在六月疫情緩和時，本會就把握機會舉辦了一場青商簡介會將青年商會這個積極正面互助的環境帶給他們。

年輕人好有衝勁，往往就苦於缺少平台及前輩的指引。元朗青年商會正正能夠提供這個合作的氛圍。當天好榮幸邀請到國際青年商會香港總會執行副會長余修賢參議員及2018年會長譚燕媚為我們分享他在青年商會當中的成長，如何蛻變成今日一個如此有擔當，能獨當一面的人物。正正就是在青年商會透過活動學習到如何與人合作，亦好有幸有不同的前輩在旁扶持。令他在事業上的發展有更多合作的空間。在場參與者聽過余修賢參議員的分享後，更利用小遊戲引道新朋友，令不少人更認清自己的目標，決此加入元朗青年商會。

一個人的力量好有限，青商簡介會就是讓一群有心年輕人走在一起，互相合作和交流，令社會變得更美好。






### Sister chapters:

- JCI Keelung, Taiwan
- JCI Kyoto, Japan

CONNECT

IMPACT

## JCI TAI PING SHAN 太平山青年商會

www.jcitps.org.hk

### 「理想．你想」 三部曲 十月月會 - 追夢

「夢想，如果一直沒辦法變成計劃，那大概只是夢，而不是夢想。」

是次活動有幸邀請香港花式跳繩三屆世界冠軍劉浩男作為分享嘉賓，作為年青新一代並加入跳繩行業，當中遇上的困難不可勝舉，他透過是次月會向年青人分享心路歷程並鼓勵敢於追求夢想。








### The PEAK 「創．夢」廣告構思設計比賽開幕禮暨九月月會




是次開幕禮的主題是形象品牌建立，當中邀請的嘉賓是曾榮獲「DFA香港青年設計師獎」的黃雋溢Westley，他一直很積極參與香港創意產業發展與設計教育，透過活動與年青人及參賽者分享創業路上的心得，希望藉此可以為大家帶來一些啟發，從而為推動和保護香港創意產業出一分力。

### 燃望2020-「 童」你親親草泥馬

本會聯同Lifewire於蝶豆花園舉辦假期休閒活動，當日活動邀請數個罕見病小朋友家庭與會友一同參與享受大自然，例如餵飼草泥馬、手作坊等等。透過活動令大眾認識不同的罕見病，從罕見病患者的生活點滴中學習積極面對人生的精神



### Sister chapters:

- JCI Hsinchu, Taiwan
- JCI Toyama, Japan

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## JCI BAUHINIA 紫荊青年商會

www.bjc.org.hk

荊慧集是紫荊青年商會出版的刊物，本年度共會推出3期。















### Sister chapters:

- JCI Elite, Malaysia
- JCI Uji, Japan

## JCI Dragon 騰龍青年商會

www.jcidragon.org.hk

### 40 years of Legendary JCI Dragon



Here comes to the 40th birthday of JCI Dragon, where old boys and new boys gathered, celebrated the milestone and recognized the journey that we have been on. The anniversary event had been held in October together with our fellows, friends and partners.

In 40 years, JCI Dragon has gone from being an inspired vision to a widely recognized youth development organization. We have grown from a small group of gentlemen to a strong network of entrepreneurs, professionals, company executives, and financiers. Our young members are passionate and creative adventurers. We are an united, bold and learning community.

The JCI Dragon experience has given our members a world that is smaller in terms of rules, larger in terms of creativity, and richer in terms of mutual understanding and community empowerment.

2020 is a year of transformation, we are facing a lot of challenges which we may not like, but we see this as a chance to understand of who we are, what we want, and what we can do, and uplift to a better Dragon. Although it is difficult to accomplish these projects with incredible uncertainty and scarcity, we are not settled on what we have and strive to take JCI Dragon to the new height.

We are deeply grateful to all who have been supporting JCI Dragon along these 40 years, and we are looking for more brilliant years with all of you!








### Sister chapters:

- JCI San Juan, Philippines
- JCI Nishinomiya, Japan
- JCI Shilin, Taiwan

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## JCI East Kowloon 東九龍青年商會

www.jciek.org

### 2030 SDGs Game



2030 SDGs Game is one of the ways to promote the IMPACT of sustainable solutions among local stakeholders. The game simulates the "real world" and let players understand how their actions and behavior have an IMPACT on our world.

### JCIEK 40th Anniversary Ceremony



This year is our chapter's 40th Anniversary. Over the past 40 years, JCIEK has continuously made impact to the society. "Study the past if you would define the future."- Confucius. As we reviewed the projects in the past, they gave us insights to plan a project with impact from a different perspective.

### Bidbook Awards Received





Besides making impact to the society, our projects also made impact into people's life. Our organizing committees definitely have improved their leadership and organizing skills through their contribution into the projects. Besides, we believe that a good rewarding system could increase their motivation to lead with impact. Here, we are proud of our members who served and became the winners of the Outstanding Progressive LOM Award in National Convention and the Best Personal Skill Development Program Award in World Congress.

### Partnership with Lexngo




Impact made by one organization alone is limited, but collaboration with like-minded partner can increase the influence. Lexngo Limited not only was a sponsor of our several events, but also partner which supports sustainable development. In November, we are collecting idle food containers and will donate them to underprivileged families.

### Sister chapters:

- JCI Mandarin, Singapore
- JCI Ipoh, Malaysia
- JCI Sike, Taiwan

MOTIVATE

## JCI CITY 城市青年商會

www.jcicity.org.hk

### 食物不倒翁

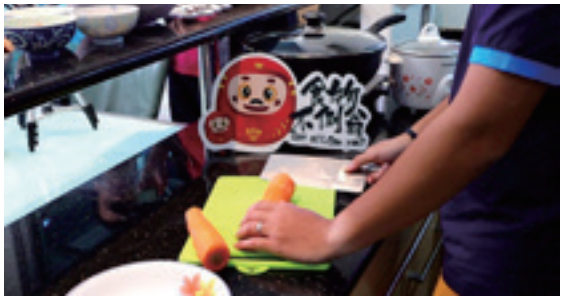
2020 社會發展組別希望透過「食物不倒翁」工作計劃，憑著籌委會發揮青年商會積極公民網的力量，連結本地及國際的地區分會，向消費者推廣「不要食一半，倒一半」的文化習慣。同時深入探討香港浪費食物情況及其原因，為餐飲業建立長遠減少廚餘的方法。

本計劃旨在透過「食物不倒翁挑戰賽 」、「廚餘食譜」等，一系列針對糧食浪費的不同面向而設的體驗活動、調查工作、學術專訪，使參加者對糧食浪費、飢荒等問題有更深刻的了解和反思。同時亦幫助他們重新發現剩食、廚餘升級再造的經濟潛力，共同把「不要食一半，倒一半」的文化習慣帶進日常生活之中。













### Sister chapters:

- JCI Fukuoka, Japan
- JCI Petaling Jaya, Malaysia
- JCI Incheon Songdo, South Korea
- JCI Windy City, Taiwan

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## JCI QUEENSWAY 經緯青年商會

www.jciqueensway.org.hk

As a young citizen, how can we change the world during difficult times?




COVID-19 has indubitably impacted our everyday life. Not only do we have to wear a mask everyday, but also it is obligatory for us to maintain physical distance with people; not to mention having to dine at home , and not be able to travel. It appears to us the disease brings us no good at all, but have you ever thought - the virus has fostered stronger bonding with people from other countries; that, it is easier for us to create impact not just at local level, but also to the other part of the world?

Thanks to COVID-19, we relied more on online communication tools, rendering us effortless to connect people from every part of the world. JCI Queensway has become adept at it when keeping in touch with its sister chapter. We have received the packages of delicate gifts and snacks from JCI Okinawa, and we are going to help spread their love to the children in need from Japan to Hong Kong, through the charity - ***The society of Rehabilitation and Crime Prevention Hong Kong***, along with the mask donation collected locally. Through this collaboration, we hope to create positive impacts to society by caring to the needy.



Even when we are having a hard time, it is always important to keep reminding ourselves - Think positive. A seemingly hideous thing can turn out to bring us brightness and positive changes.

### Sister chapters:

- JCI Okinawa, Japan
- JCI Kuala Lumpur Mandarin, Malaysia

## JCI North District 北區青年商會

www.ndjc.org.hk

北區青年商會35周年會慶將於11月22日在香港喜來登酒店舉行。籌委會經過接近一年的籌備，為大家準備了包括舞蹈和魔術表演等不同的精彩節目。同時間，大會也通過拍攝，綵排和剪接，將本會過往多年來的活動瞬間和值得紀念的時光重現。我們準備了綵排的花絮：

時間飛逝，轉眼間2020年已到了最後一季。本會10月月會“STEM深度遊”讓參加者和會員都更加認識到教育是未來發展的支柱。兒童教育的創新不在於書本裡的框架，而是在於如何讓小朋友們身體力行，親身嘗試和實踐，學習書本裡沒有的知識，從而從失敗和經歷中成長。









### Sister chapters:

- JCI Naha, Japan
-JCI Cosmopolitan, Taiwan

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## JCI Ocean 浩洋青年商會

www.oceanjc.org.hk

### Motivate

「嘗試突破」是青商其中一項寶貴的經歷；激勵更是當中不可或缺的一環。

浩洋青年商會一直致力鼓勵會員嘗試、創新、突破，令會員從個人到社會都有正面改變及發展。

今年疫情反覆，要令會員跨過逆境、提升自我、拓展網絡再次齊心共飛翔，就要靠各成員互相激勵。

疫情下，很多活動都不能以傳統實體方法進行，如果不創新，突破固有思想，怎能在疫情最嚴峻的情況下舉行週年會慶、週年大會、「擁抱。愛」及「小企業大長征」等多項活動呢？

今年浩洋各會員都在不同範疇、不同領域取得多個突破，跳出舒適圈，除了個人突破，他們還透過不同活動互相激勵，令身邊其他人都無畏前行，作出積極正面改變。

來年本會的口號是「扎根浩洋實踐您想」希望各會友都能夠克服任何困難，實踐理想。












### Sister chapters:

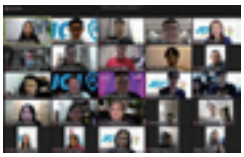
- JCI Suita, Japan
- JCI Boai, Taiwan

INVEST

## JCI SHA TIN 沙田青年商會

www.jcishatin.org

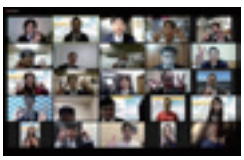
We are not able to travel overseas due to COVID-19, yet, we can still meet new friends with the help of technology.





### International Forum 3.0 cum August MFG:

The joint-chapter event co-hosted with JCI Century from Malaysia was held on 27 August. This was the first time of JCI Sha Tin meeting with JCI Century and it came with an online format! We introduced our chapters, members, and cities' cultures and tourist attractions to each other. The event was featured in a Malaysia newspaper! We hope we can meet each other in person soon!



### JCI Sha Tin X JCI Wakayama Formal Online Visit cum October MFG:

Even though we could not welcome members from JCI Wakayama in Hong Kong this year, we tried our best to hold several online meetups and continue our great relationship with our sister chapter. To facilitate our cultural exchange, we organised the "Online Topics Share" event on 2 October and 7 October by dividing more than 30 members into groups and they were invited to share their views on assigned topics. They shared their group discussion results with all our members via Zoom using photos and videos on 11 October. We are glad to know that members from JCI Wakayama are not adversely affected by the coronavirus. We can't wait to meet them in person next year in Wakayama.



### World Congress:

The first-ever World Congress allowed our members to join easily. We are excited that our 2018 NP and 2011 PP Senator Ronald Kan is serving as the JCI Growth and Development Committee Chairperson. Among all the WC events, our 2010 PP Senator Lena Wong was a facilitator in "SDG Workshop: Sustainable Goals-Sustainable Life" online workshop, and Business Affairs Director Tom was one of the facilitators in the "SDG Pioneer Go Global" online session.



### Sister chapters:

- JCI Wakayama, Japan

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## JCI APEX 晉峰青年商會

www.ajc.org.hk

### 《社會發展工作計劃「兒瞳顧視」Kids Eye Care》






晉峰青年商會追蹤了港大、中大、恒大及世衛等多項研究報導後，發現香港學童的近視問題非常嚴重，於是落實推行「兒瞳顧視」工作計劃，藉此教育社會大眾關顧及保護兒童眼睛健康。

透過「專家專訪」短片系列，從多個角度透視兒童眼睛健康的相關議題；另外得到支持機構奧比斯的協助支持:





1) 推出了「JCI Apex X Orbis護眼約章」，透過簽署約章活動，鼓勵小朋友成為「護眼小先鋒」，與家長一起制定相關的行為守則，保護眼睛健康。

2) 授權使用其「睛靈 EYE-CARE A-Z」小冊子，推出了「JCI Apex X Orbis親子互動遊戲冊」以鼓勵家長多投放時間與小朋友進行親子活動。

3) 「兒瞳顧視」閉幕禮的分享嘉賓，分享奧比斯如何聚集不同持份者的力量，攜手打擊全球可致盲的眼疾。







為了讓兒童更加容易記得保護眼睛健康的重要性，我們還邀請了本地創作樂隊組合TEN 29為我們創作主題曲「鬆鬆雙眼」，一起陪伴兒童保護眼睛健康。「兒瞳顧視」主題曲《鬆鬆雙眼》(網址：https://youtu.be/tuTgZCcTt3w)

「兒瞳顧視」工作計劃，可於晉峰青年商會Facebook專頁重溫:
https://www.facebook.com/jciapexhongkong

### Sister chapters:

- JCI Gifu, Japan
- JCI Port, Taiwan

## JCI City Lady 城市女青年商會

www.jcicitylady.org.hk

今年疫情反覆，未來時局難以預料，要想突破眼前逆境就要提升自己、拓展網絡，把握每個發展機會，隨時展翅高飛！城市女青年商會 (JCI City Lady) 是致力提供培訓的國際性的女青年領袖組織，透過籌辦不同規模的活動，協助會員發展個人、商務、社會、國際四大範疇。在這個充滿機會的平台，不但能夠增值自己，更可發掘潛能，勇創未來。

9月28日本會舉行了青商簡介會，邀請到2020年國際青年商會香港總會副會長李貝詩女士分享她在青商上的機遇。每一個參與者都深深感受到加入青商的魔力，讓人熱血沸騰及啟發參與者創業的心。









**Sister chapters:**

- JCI Yamagata, Japan

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## JCI Tsuen Wan 荃灣青年商會

www.jcitsuenwan.org

JCITW has served a platform to extend our members' networks. In October, we organised a Prospective Member Orienteering, themed "Change for More Opportunities". We cordially invited Senator Karen Yeung, 2020 Ten Outstanding Young Persons Selection Chairlady and our President Elect Calvin Chan to be our guest speaker. They shared their experiences gained in their JC lifes and hoped our prospective members are passionate to be active global citizens.

https://www.jcitsuenwan.org/








**Sister chapters:**

- JCI Jayakarta, Indonesia

INVEST

INVEST

## JCI Lantau 大嶼山青年商會

www.jcilantau.org

As the youngest chapter in Junior Chamber International Hong Kong, we have gone through some of the toughest moments. We have invested our previous months to make the chapter better and make it back to track. Great thanks and appreciations to the time and efforts of National President Senator Maric Cheng, National Assigned Executive Officer Senator Joel Li, JCI officers, dearest advisors, board of directors and members who have spent efforts on JCI Lantau to make it happen.

On 8th November 2020, we are more than grateful to successfully gather all distinguished guests for JCI Lantau's 5th anniversary celebration. That was a night of laughter, joy and appreciations. Though the board only serves the chapter for around 7 months, we do believe that every little steps count and we will not refuse to do something that we can do.












## Interview with JCI Hong Kong Members



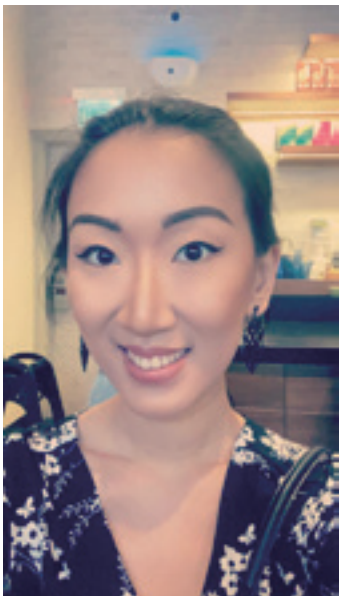
*JCI Tai Ping Shan Member*
*Natalie Luk*



*JCI Queensway Member*
*Cheryl Ma*

# Interview with JCI Hong Kong Members

## *Interview with JCI Tai Ping Shan Member Natalie Luk*



Natalie joined JCI Tai Ping Shan last year as some of her family members were JC members. She heard a lot about JC culture and values from her family. She joined JC events since she was very young. She is very impressed with the IA culture and how the members interact with sister chapters.

***1. Can you describe your experience in traveling to European countries?***

I have got many chances to travel to many European countries including Italy, Spain, England, Germany etc since my secondary school. I learned Spanish when I was very young and got chances to join an exchange program to Spain. They are very kind to me. I learned Spanish since I was very young. Spanish is energetic which reflects its culture of passion and power. I have a godfather and godmother in Italy that introduced me to the warmth and hospitality of European culture.

I studied at a university in California. In my college years, I have met a lot of Mexican-American friends who speak Spanish. They are so friendly. I enjoy very much spending time with them and learning Spanish from them. In essence, their warmth and amicability go in line with the Latin culture of passion and love of life.

***2. Do you notice any cultural difference between European and HK Youngsters?***

HK people emphasizes on efficiency. We do everything so fast and we are target oriented. It's hard for us to purely show love and care to other people. But most of the European people want to pursue quality of life and they are not shy to show love and care because they are grown in a place with a lot of verbal appreciation with warm and harmonious atmosphere.

***3. Is the connection / familiarity in European countries an advantage to your career?***

It's certainly a big advantage to my career. I work as a global trader in electronic manufacturing and I always need to have meetings / calls with different people in the same day like morning call with Asians, afternoon meetings with Europeans and evening conference calls with Americans. Jumping from culture to culture flexibly, I made a lot of incredible memories meeting people because of my knowledge and languages and cultures.



***4. Which part of JC is the most valuable to you? Why?***

Working on different projects with different people. Sometimes I can get irritable when I work or deal with some problems in JC and in life. I always have to remind myself to be patient and peaceful. When I adjust my mindset, circumstances tend to improve.

Just like I work with people in JC, I would rather listen to others and show care to them.



# Interview with JCI Hong Kong Members

## *Interview with Cheryl Ma - My Internship in Belgium*



I had an unforgettable experience when I was an intern in Belgium. When I was in the university, I was offered a 2- month internship at an NGO called the Federation of European Direct Marketing (FEDMA). It was in Brussels, Belgium. Perhaps because I spoke a bit French, the university assigned me there.

### *Working in Belgium*

FEDMA worked with marketing regulations of direct marketing in Europe. It represents the interests of marketers and works with the associations and companies who have an interest in influencing legislations. It keeps members, governments, media, businesses and consumers up to date with the European direct, interactive and digital marketing industry.As I was a law student, I was interested in the process of law-making. The internship opened me to a new field as I was neither a European nor had any marketing sense. I knew nothing about the European marketing policy. I strived to understand and contribute during the short period there by reading related articles and helping to translate short passages into English. FEDMA colleagues also brought me to their meetings in the European Parliament where they advocated the interests of their members and the direct marketing industry. This had literally pulled me away from the textbooks and led me see how the law was made in the real world.

### *The European Working Culture*



What is most memorable to me is the European corporate culture. We had a regular meeting every Monday morning. Before discussing any work matters, every one including the head of the company would share about their weekends, travels and families. Every morning, colleagues would also drop by each of the rooms in the office building and greet each colleague good-morning one by one when they arrived the office. I felt so respected as an intern that I continued with this habit at work in Hong Kong today.

The office was a 3-storey European building built in Beaux-Arts style. Its backyard was a beautiful garden where we all sat together and enjoyed our lunch. Barbeque was common as we could help ourselves with the utensils there. Work life was relatively more relaxing than in Hong Kong.

### *How Life was like in Belgium*

The general culture of Belgium was different too. People were so calm that they were expressionless when the train or rail got an electricity cut during peak hours. It was a common phenomenon. You could also cross the roads blindfolded because no drivers would rush on the road (and the penalty of negligent driving was exorbitantly high). My only stress back then was to rush to the supermarket by train to do my grocery at lunch because the supermarkets closed at 6pm, exactly the same time when I get off from work! All shops were closed too on Sunday as people spent their time with their families.

During the weekends, I usually took the rail or ride the budget flights of Ryanair and Easyjet to visit the other European cities. Sometimes, my flatmates – an Italian, a Peruvian, and a Belgian couple – would drive me to some nearby towns and cities and we would spend the day together. The Belgian couple were acrobats in the circus and they even brought me to watch their practice!

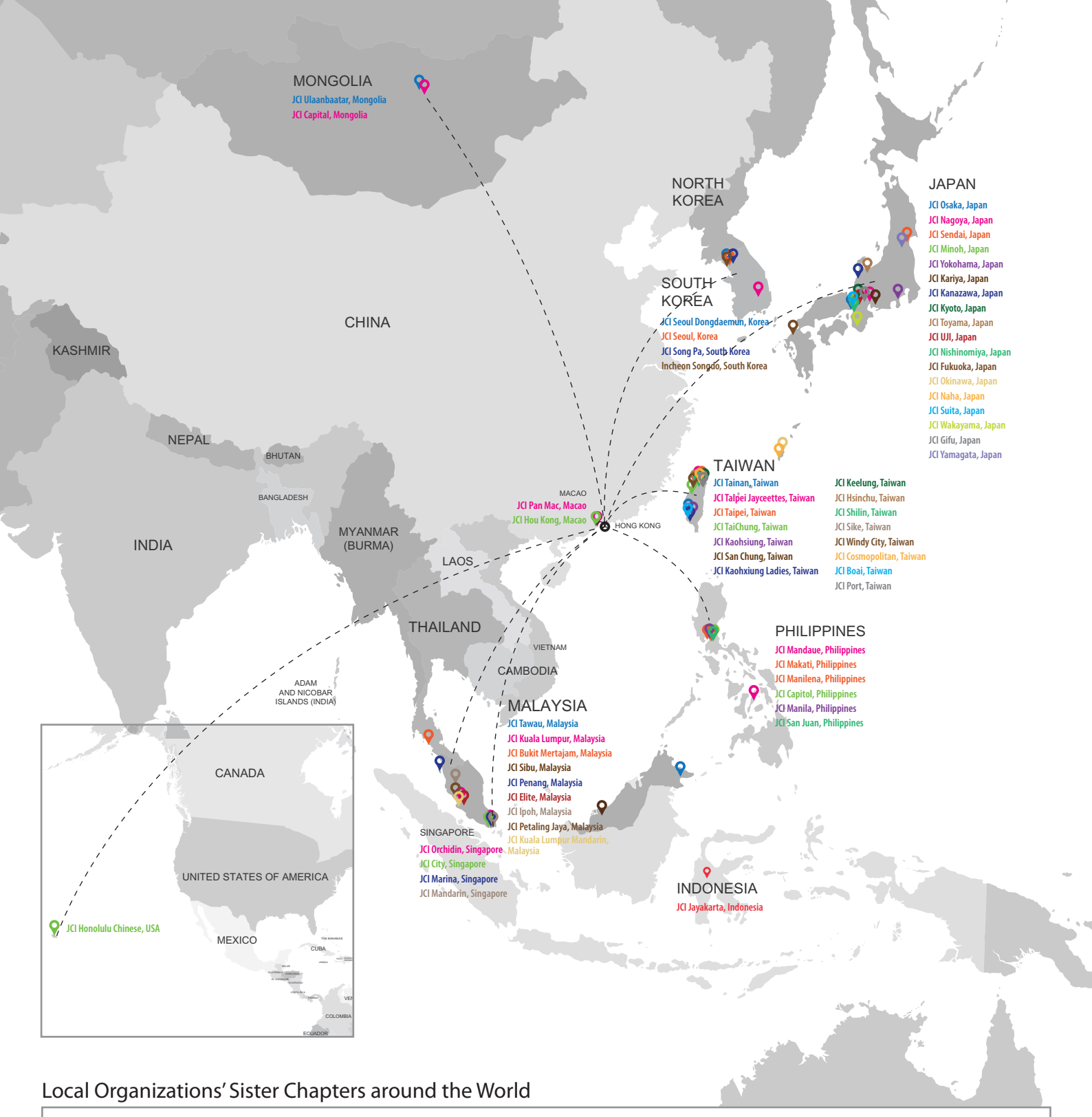
### *What Belgians think about Belgium*

As good as Belgium is depicted, there were also some disgruntled in the country. A young colleague expressed to me that he was determined to move to the USA because the tax in Belgium was heavy and that there were more opportunities to prove himself successful in the USA..

### *Europe, JCI and COVID-19*

I went to the JCI World Congress in Tallinn, Estonia last November. The Europeans I met were mostly professionals like lawyers or passionate entrepreneurs. Compared with ASPAC, the World Congress focused more on topics related to business networking, sales and digital marketing whereas the ASPAC in Jeju, Korea had sessions covered more on leadership skills.

With COVID-19 affecting all walks of life and halting many activities, JCI members have still been eager to develop their leadership skills. I can see some members had made good use of their connections during this challenging year. They invited speakers who had delivered valuable insights to our members. For example, the speaker from FactWire in JCI Dragon's July MFG had provided great insights on how a news agency endeavored in looking for the truth from the facts. All the participants gained a lot from the event.




## Local Organizations' Sister Chapters around the World

### JCI Victoria
- JCI Tawau, Malaysia
- JCI Tainan, Taiwan
- JCI Osaka, Japan
- JCI Seoul Dongdaemun, Korea
- JCI Ulaanbaatar, Mongolia

### JCI Kowloon
- JCI Mandaue, Philippines
- JCI Taipei Jayceettes, Taiwan
- JCI Kuala Lumpur, Malaysia
- JCI Orchidin, Singapore
- JCI Nagoya, Japan
- JCI Pan Mac, Macao
- JCI Capital, Mongolia

### JCI Island
- JCI Makati, Philippines
- JCI Taipei, Taiwan
- JCI Seoul, Korea
- JCI Bukit Mertajam, Malaysia
- JCI Manilena, Philippines
- JCI Sendai, Japan

### JCI Peninsula
- JCI Capitol, Philippines
- JCI City, Singapore
- JCI Minoh, Japan
- JCI TaiChung, Taiwan
- JCI Honolulu Chinese, USA
- JCI Mapo Seoseoul, Korea
- JCI Hou Kong, Macao

### JCI Hong Kong Jayceettes
- JCI Manila, Philippines
- JCI Kaohsiung, Taiwan
- JCI Yokohama, Japan

### JCI Lion Rock
- JCI San Chung, Taiwan
- JCI Sibu, Malaysia
- JCI Kariya, Japan

### JCI Harbour
- JCI Penang, Malaysia
- JCI Kanazawa, Japan
- JCI Marina, Singapore
- JCI Kaohxiung Ladies, Taiwan
- JCI Song Pa, South Korea

### JCI Yuen Long
- JCI Keelung, Taiwan
- JCI Kyoto, Japan

### JCI Tai Ping Shan
- JCI Hsinchu, Taiwan
- JCI Toyama, Japan

### JCI Bauhinia
- JCI Elite, Malaysia
- JCI UJI, Japan

### JCI Dragon
- JCI San Juan, Philippines
- JCI Nishinomiya, Japan
- JCI Shilin, Taiwan

### JCI East Kowloon
- JCI Mandarin, Singapore
- JCI Ipoh, Malaysia
- JCI Sike, Taiwan

### JCI City
- JCI Fukuoka, Japan
- Incheon Songdo, South Korea
- JCI Petaling Jaya, Malaysia
- JCI Windy City, Taiwan

### JCI Queensway
- JCI Okinawa, Japan
- JCI Kuala Lumpur Mandarin, Malaysia

### JCI North District
- JCI Naha, Japan
- JCI Cosmopolitan, Taiwan

### JCI Ocean
- JCI Suita, Japan
- JCI Boai, Taiwan

### JCI Sha Tin
- JCI Wakayama, Japan

### JCI Apex
- JCI Gifu, Japan
- JCI Port, Taiwan

### JCI City Lady
- JCI Yamagata, Japan

### JCI Tsuen Wan
- JCI Jayakarta, Indonesia

### JCI Lantau

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# HARBOUR LIGHTS



2020 ISSUE 4

## Interview with JCIHK Members

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JCI Hong Kong

LEAD CONNECT ACHIEVE

70 Years of Serving Humanity